

AMENDMENTS TO THE SPECIFICATION

Please amend the paragraph beginning on line 3 of page 1 to read as follows:

This application claims priority of United States Provisional Patent Application ~~60/181,647~~ 60/181,648 filed February 10, 2000, and is incorporated herein by reference.

Please amend the paragraph beginning on line 14 of page 2 to read as follows:

Referring to Figure 1, a system for inducing sleep through virtual sound generation according to the present invention is shown. A user connection to the Internet 12 or other network is established. A user connection to the Internet is established directly or by way of a provider-based access network (not shown). The access network illustratively includes a telephone; cable television; a cellular device such as a Palm Pilot, cell phone or pager; or on-line service network, including, for example, CompuServe, America Online and the like. A user then accesses a Web page 14 or set up screen associated with the present invention ~~[[14]]~~. A Web page according to the present invention prompts a user as to the necessary inputs for creating sleep-inducing sound. Optionally, the Web page of the present invention includes links 16 to sleep-related materials illustratively including products, advertisements, sleep-related research information and a chat room. The links 16 are intended to provide information about sleep disorders, products and techniques associated with inducing somnolence and interaction with other users in a similar situation. From the invention Web page, a user is prompted to select a desired sound generator 18. Sound modes available to a user include a repetitive oscillatory sound having a frequency of between 3 and 30 Hz. Oscillatory sounds in the frequency range given and preferably between 5 and 15 Hz are well known to induce relaxation and somnolence. Optionally, a volume control and timer are provided 20 to optimize the rhythmic effect and

duration of the oscillatory sound. Additional relaxation inducing sounds according to the present invention illustratively include recorded or simulated sounds associated with a relaxing setting such as a beachfront, forest or pastoral setting. Alternatively, soothing musical forms illustratively including instrumentals, classical and rhythmic vocal music are also available to a user. The soundtrack selected by a user ~~being~~ is accessed and played directly from the Web site. Alternatively, the soundtrack is ~~or alternatively~~ downloaded and stored on the user ~~network~~ access local device memory having access to the network. Optionally, after sampling the sound generator of the present invention, a user has a series of Web-based controls consistent with sound quality adjustment of the user Web access device speaker illustratively including treble, bass, surround sound and fade.